



Discover Your Extraordinary Possibilities

As a professional Circus Artist, I have spent my life perfecting the *art of balance*.
When an unexpected illness interrupted my dreams and left me bedridden,
I discovered how to find true balance.

In a **deeply moving, heartfelt, and uniquely uplifting Presentation**, you will join Tatiana on a remarkable journey that began one fateful night at the Circus. Discover the physical and mental fortitude it took to train and perform at the highest level, and the tenacity and unwavering determination needed to face a devastating illness that required her to relearn, rethink, and reimagine everything. With a heart full of hope, Tatiana shares the courage it takes to dream again after losing the life she knew.

Tatiana's message is one of grace and infinite hope, that no matter the challenge you will find the strength, courage, and resources within to transform obstacles into opportunities and expand your realm of extraordinary possibilities. With many parallels between the circus, illness, life, and business, her story will resonate with anyone and any business that has ever had to begin again and re-invent themselves.



She **inspired our whole team**. Tatiana is an amazing woman who **pushes the limits of what is possible**.



Nik Lewis, CFL Hall of Fame & AO Sports Founder

Tatiana Straathof is a graduate of the world-renowned Ecole Nationale de Cirque, and the internationally recognized yoga teacher training program at Naada. She has over 10 years of speaking experience as a keynote speaker and workshop leader for businesses, professional sport teams, educational institutions, and everything in between. She works with seniors to help them master their balance to prevent falls and live their life with confidence and independence through her "Creating Your Sunshine" program.

