



Tatiana Straathof

# Discover Your Extraordinary Possibilities

As a professional Circus Artist, I have spent my life perfecting the *art of balance*.  
When an unexpected illness interrupted my dreams and left me bedridden,  
I discovered how to find true balance.

In a **deeply moving, heartfelt, and uniquely uplifting Presentation**, students will join Tatiana on a remarkable journey that began one fateful night at the Circus. Discover the physical and mental fortitude it took to train and perform at the highest level, and the tenacity and unwavering determination needed to face a devastating illness that required her to relearn, rethink, and reimagine everything. With a heart full of hope, Tatiana shares the courage it takes to dream again after losing the life she knew.

Tatiana's message is one of grace and infinite hope, that no matter the challenge you will find the strength, courage, and resources within to transform obstacles into opportunities and expand your realm of extraordinary possibilities. Her story will resonate with students of every age in an unforgettable presentation that has lasting impact.



Calgary Board  
of Education

**Rotary**  
Club of Calgary

Tatiana **inspired me to believe that anything is possible**, and to keep trying to reach my goal.

**Student**, Calgary Girls School

**I couldn't have asked for more!**

One of the best presentations I have both enjoyed and learnt so much from in many years.

**Gavin Peat**, Professor at U of C

**I won't forget Tatiana's courage.** She taught me that doing what you love might lead you on a path to something you love even more. That **no matter the obstacle, you will always get past.**

**Student**, Calgary Girls School

Hearing Tatiana speak helped me to **reframe the whole concept of what constitutes creativity.**

**August Murphy**,

U of C student, musician, music educator

**Tatiana Straathof** is a graduate of the world-renowned *Ecole Nationale de Cirque*, and the internationally recognized yoga teacher training program at Naada. She has over 10 years of speaking experience as a keynote speaker & workshop leader for businesses, professional sport teams, educational institutions, and everything in between. She works with seniors to help them master their balance to prevent falls and live their life with confidence and independence through her "Creating Your Sunshine" program.



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